



# MySchoolHealthNow

## Virtual Behavioral Health Visits

**Penn Highlands Healthcare is excited to be working with your school to offer parents and students a new option for Behavioral Health care, MySchoolHealthNow.**

Telemedicine is a way for your child to see and talk to their psychiatrist without having to leave school. This program is intended for students that follow with one of our Penn Highlands psychiatrists. If interested in enrolling your child in this program, please follow the steps below.

1. Enrollment packets can be picked up at the nurse's office. Ensure all consents are complete and returned to the school nurse.
2. Call Penn Highlands Behavioral Health office at 814-375-6379 and request your child's appointment be switched to a School-Based Telemedicine visit.
3. On the day of the appointment, your child will follow their typical routine at school. At the time of the visit, the school nurse will gather your child from their classroom and take them to the nurse's office.

Once there, vitals will be completed, which includes blood pressure and pulse. After, your child will be directed to a safe, secure and private room for their appointment with their psychiatrist. They will have a confidential, discreet visit. Once the visit is complete, the school nurse will direct/instruct child to return to class.

*If appropriate, parents will be offered to attend the visit virtually.*

